



Rhinestone Application Instructions

Rhinestone sheets are best applied with a professional grade heat press

We always recommend the use of a TEFLON cover sheet.

- Set temperature at 350° Fahrenheit.
- Set pressure at medium.
- Remove the white plastic backing from the transfer.
- Place the transfer face up on the fabric.
- Press directly onto the clear (heat-resistant) film.
- Press for 10 seconds.
- Let cool for several minutes and slowly peel off the plastic.
- Dark garments may require a second pressing without the clear sheet for 5-7 seconds.